




**NORDIC**<sup>®</sup>  
SEMICONDUCTOR

## Discover the Improved Revision of NB-IoT and LTE-M Wireless Dual-core MCU and Learn about the Second Generation of Power Profiler Kit

Martin Lesund



# Today's host

Martin Lesund



Technical Marketing Manager  
Cellular IoT

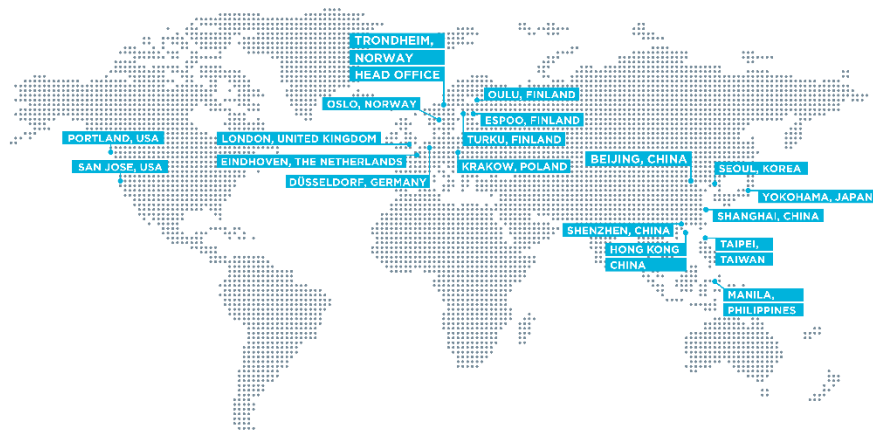


# Agenda

- Introduction Nordic Semiconductor
- Introduction to nRF9160 SiP
- Different modes of the nRF9160 SiP
- How to optimize for low power
- Estimate power consumption using Online Power Profiler (OPP)
- Measure power consumption using Power Profiler Kit II (PPK2)
- Q&A



# Nordic Semiconductor at a glance



## Fabless

Specialized in low power wireless connectivity and embedded processing

## Bluetooth Low Energy market leader

Pioneer in short-range low power IoT technologies  
Focusing on open standards

## Expanded portfolio

Emerging LTE-M and NB-IoT technologies  
Expanded offering with 802.15 / Thread and Zigbee

# What we do!

## Wireless short-range IoT

Highly integrated Multiprotocol IC's with on-chip MCU  
Bluetooth LE, 802.15.4 and 2.4GHz RF SoCs

## Solution provider

Flexible protocol stacks, rich toolchain support  
Apps, SDK's, analysis tools, DK's/Ref.designs

## Cellular IoT

Multimode LTE-M1 / NB-IoT + GPS SiP's

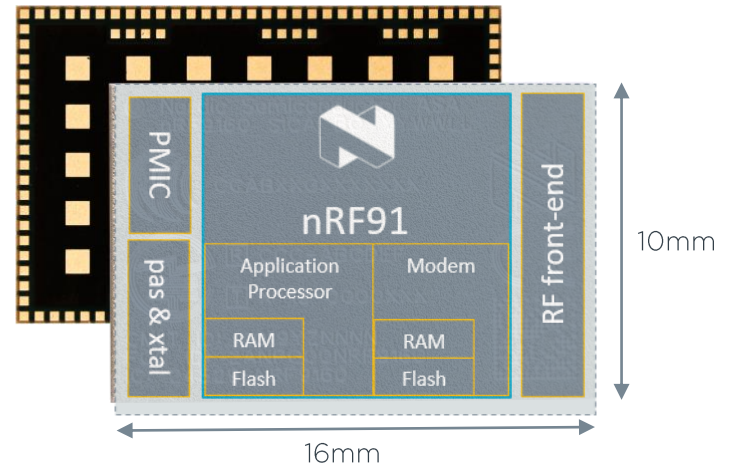


# nRF9160 SiP introduction

# nRF9160 – Voids Cellular Modules

- Based on Nordic Dual Core SoC:
  - Arm® Cortex® M33 MCU for the application
  - Multiband LTE-M/NB-IoT modem with GPS
- Small form factor (includes PMIC, RF FEM, passives and crystals)
- Ultra Low Power – Avg. 18 $\mu$ A @ 81.92s eDRX
- Multiband support for global coverage
- Pre-certified System-in-Package (SiP)

LTE-M   NB-IoT  GPS



nRF9160 SiP

# Typical Applications for Cellular IoT

LTE-M

Home Security



Wearables/Medical



Retail and POS



Asset Tracking



NB-IoT

Smart Metering



Smart Agriculture



Smart City



Predictive Maintenance





# nRF9160 SiP rev 2 - available now

- Significant nRF9160 power improvements introduced in REV2
- Improving an already best in class low power solution
- No changes on pin-out nor form factor
  - Existing REV1 designs only need to change an external cap (*DECO*) from  $47\mu\text{F}$  to  $4.7\mu\text{F}$



Description	nRF9160 REV2	Compared to REV1
CPU running CoreMark @64MHz from flash, HFXO + cache	2.2mA	-24%
PSM floor current	2.7 $\mu\text{A}$	-33%
Avg. current eDRX (655s, one PO/PTW, PTW=2,56s)	6 $\mu\text{A}$ / 9 $\mu\text{A}$ [LTE-M / NB-IoT]	-33% / -18% [LTE-M / NB-IoT]

# nRF9160 SiP – Ultra Low Power

Enables the lowest power for cellular IoT solutions

	Module A	Module B	Module C	Nordic nRF9160 GEN2	nRF9160 vs. closest module
PSM floor (retained)	~30 uA	~65uA	~55 uA	2,7 $\mu$ A	-91 %
PSM event 'boot'	~1100 mJ	N/A	~700 mJ	105 mJ	-85 %
81.92s eDRX	~50uA	~1200 uA	~6000 uA	18 uA	-64 %
UL 180 kbps 23 dBm power	~210 mA @B13	~175mA @ TBD	~230 mA @B13*	100 mA @ B13	-43 %
Low Power Application MCU	No	No	No	Yes	<i>Only on nRF9160</i>
Embedded SDK	No	No	No	Yes	<i>Only on nRF9160</i>

# Different Modes of the Modem

# LTE Connection Modes

## RRC Connected

Transfer user data

High power consumption

Synchronized with the  
network

## RRC Idle

Listening to on the network

Sleep for shorter intervals to save  
power (eDRX)

Shorter DL latency

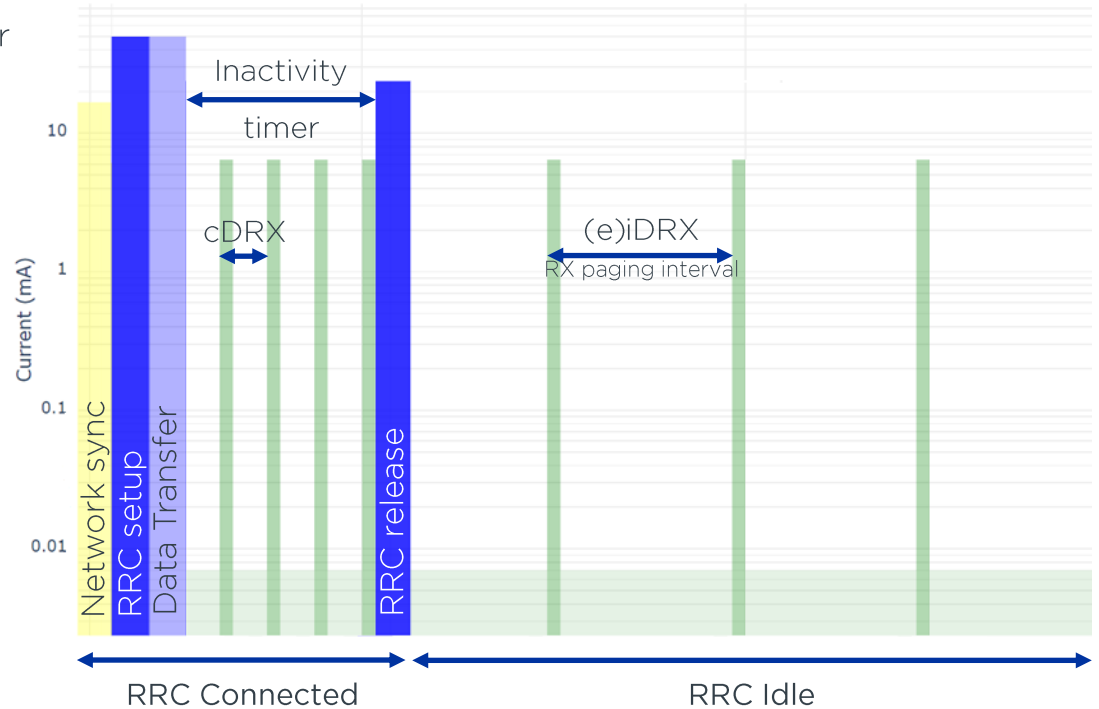
## PSM

Sleep for **longer** intervals to save  
power

Longer DL latency

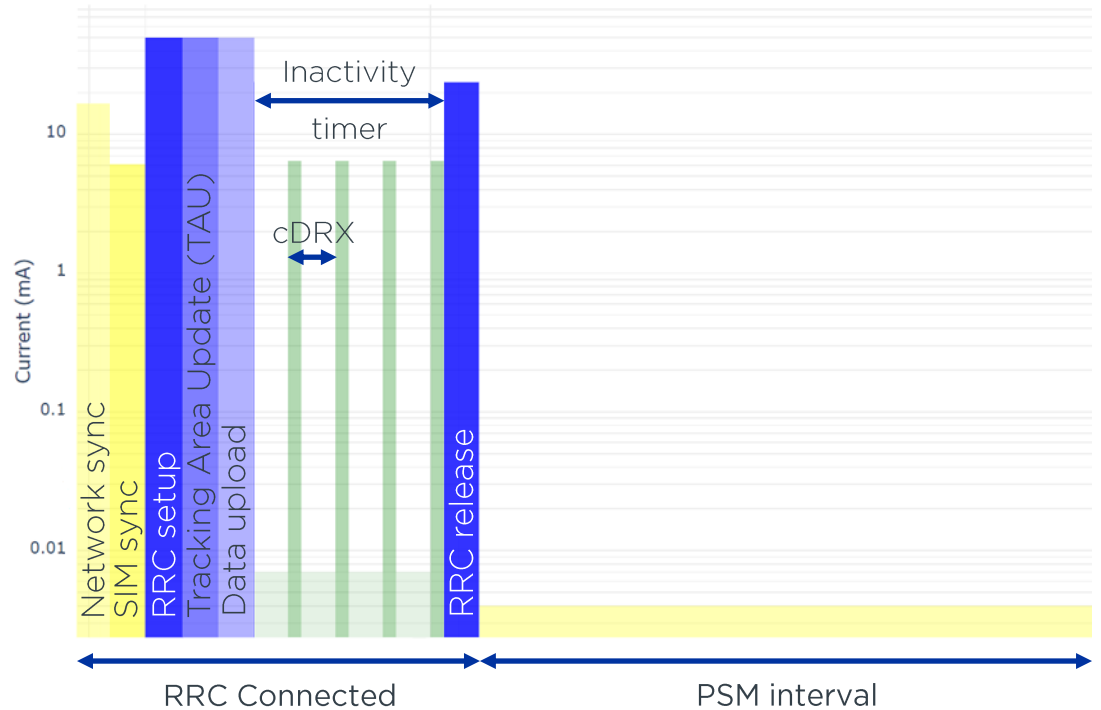
# RRC Connected and RRC Idle

- Sleep in eDRX intervals to save power
  - cDRX: 0.01s to 10.24s
  - iDRX: 0.16s to ~44 min
  - We support all timers
- Device can wake up any time to send data
- Network can store data for device
- Device listens for data at the end of each DRX interval
- Longer DRX intervals results in longer download latency, but lower power



# PSM

- Sleep in PSM intervals to save power
  - 10 min to 413 days
- Device can wake up at any time to send data
- After the end of each PSM interval, the modem switch back to RRC Connected
- Longer PSM intervals results in longer downlink latency, but lower avg. power consumption
- Lower floor current compared to iDRX intervals RRC Idle



# Different Modes of the Application Processor

# Application Processor Modes

- MCU will automatically switch to IDLE mode when it has no tasks to perform
- It can operate separately from the Modem because of our dual core implementation



Zephyr™ Project

Description	Values
MCU on IDLE, Modem in PSM, RTC on	2.7 $\mu$ A
MCU on IDLE, Modem OFF, RTC on	2.2 $\mu$ A
MCU on IDLE, Modem OFF, RTC off	1.8 $\mu$ A
MCU off, Modem off, no RAM retention, wake on GPIO and reset	1.4 $\mu$ A



How to optimize for low  
power

# How to Optimize for Low Power

- Get to know your network
  - Estimate power consumption
  - Measure power consumption
- Know that different protocols and cellular technology are more suitable than others based on your application
- Sleep as much as possible and disable peripherals when not needed. Turn OFF logging.
- Edge computing: “Send information not data”
  - Data: Accelerometer data, continuous 3x16-bit values every 100ms
  - Information: The thing fell over sideways hard and is now laying flat



# Estimate Power Consumption

Using the Online Power Profiler (OPP)

# First Online Power Profiler for cellular IoT

## Estimate and optimize your nRF9160 power consumption

- Configure your settings
  - Network setup, Sleep intervals, Data payloads
- Visualized Power Profile
  - Peak current and timing
  - Average
- Extensive [User Guide available](#)
- Export nRF Connect SDK project settings to be used with [UDP sample](#)
  - Unified solution with the PPK2 to evaluate the estimations vs. real current measurements



# Measure Power Consumption

Using the Power Profiler Kit II (PPK2)

# Power Profiler Kit II (PPK2)



- Nordic Dev Tool for current measurement and analysis
  - 200nA to 1A current range with resolution varying between 100nA and 1mA
  - 10x faster sampling than first generation PPK
- Measure and analyze any embedded HW, including all Nordic DKs
- Supported by the new Power Profiler app in nRF Connect for Desktop
- Standalone product

# Why do developers need this?

- Useful tool to track power consumption
- Ampere meter mode and Source mode
- Detailed data to estimate power consumption and battery life
- Spot and debug unwanted current drain during entire engineering cycle
- Simple and cost-efficient (\$89 retail price)



## Demonstration:

Estimating and measuring power consumption



Q&A